



CEBL 2019

Fall Girls League Information Sheet

For more information, email: CEBL@pccsk12.com



VOLUNTEER COACHES NEEDED! If interested in coaching this fall, please indicate in the space provided on the registration form or contact CEBL@pccsk12.com. If you have questions about coaching please send an email.

Team Formation:

- All registered players will be placed on a team, no players are cut.
- Player evaluations and a coaches' draft are used to form teams. During the evaluations, coaches observe and rate each player, use their ratings and last year's (if available) player statistics to draft their team. Coach's child is protected; any other player can be drafted by any coach.
- An email will inform you of evaluation times and locations.
- When necessary (large number of participants), a specific league may divide into two separate conferences. If this occurs, players will be randomly assigned to a conference.
- Boys and girls play in separate leagues.
- Siblings will be placed on the same team if they are playing in the same league, unless otherwise requested.
- Leagues are formed by grade and not age. Players must play in the league that corresponds to the grade they are in. Players are not allowed to play up to an older league based upon skills or experience. Special requests would need to be addressed with the league director, who would make the decision regarding any exceptions.

Practices & Games:

- Teams have one scheduled practice per week. Practices will be held evenings, on the same night each week when possible, at a P-CCS facility.
- Game locations will alternate between Plymouth-Canton and our partnering crossover league communities, Northville and Novi.

FALL League - GIRLS 6th, 7th, and 8th Grade *(A great way to prepare for middle school team tryouts!)*

- Teams are formed by a coaches' draft process. Players are expected to attend a player evaluation session before the coaches' draft. The league will not honor requests for a specific coach or placement with another player.
- **Evaluation Night - September 9th – more info to follow; Practices begin week of September 16.**
- 8 games October 19 - December 14. Most games played on Saturday afternoons (approx 12 - 4 PM). No games Nov 30.
- ***If you wish to play in CEBL Winter League, you MUST register & PAY for BOTH. It is NOT automatic. Winter registration opens 9/16.***
- ***6th grade girls play in the 5th-6th grade league in the winter at P-CCS facilities. Email Jr.CEBL at Jr.CEBL@pccsk12.com with any questions or to volunteer to coach. 7th-8th grade girls play in the crossover again with Northville/Novi during the winter. Email CEBL at CEBL@pccsk12.com with any questions or to volunteer to coach.***
- *** NOTE: There IS a conflict between the CEBL winter season and the P-CCS Middle School season for 7th and 8th grade players. The P-CSS Middle School Girls Season begins in January. *Cannot play for both CEBL and Middle School team.****

Concussion Awareness:

The Michigan Sports Concussion Law calls for any athlete who exhibits signs consistent with a concussion – such as a loss of consciousness, headache, dizziness, confusion, or balance problems – to be immediately removed from competition and not return until cleared by a health care professional.

The Michigan Department of Community Health has developed educational materials on the signs/symptoms and consequences of concussions that the CEBL will provide to each player and their parents/guardians. *We are required to obtain a signed statement acknowledging receipt of the information. See waiver during registration.* Please visit <http://www.mhsaa.com/Portals/0/Documents/health%20safety/parents%20guide%20to%20concussions.pdf> to learn more about sports-related concussions. All CEBL coaches and League officials will also need to complete concussion awareness training. The training, available at <http://www.cdc.gov/concussion/HeadsUp/Training/index.html>, is also recommended for parents.

Register online at pcceregister.com, in person or via phone:

P-CCS Community Education • Tanger Center • 40260 Five Mile Rd. • Plymouth, MI 48170 • 734.416.2937